

Mallinckrodt Institute of Radiology - Barnes-Jewish Hospital

Physician Request Form for Cardiac FDG-PET/CT (± PET/CT Rest Perfusion)

Patient Name: _____ Date of Study: _____
DOB: _____ Gender: _____ Weight: _____ pounds
Patient Address: _____
City, State, Zip _____ Patient's Phone: _____
Physician: _____ Physician's Phone/Pager: _____
Type of Insurance: _____ Precert # (if applicable): _____
Previous Cardiac PET Study? _____ Where? _____ Date: _____
Diabetic No Yes Diabetic Medications _____

SPECIFIC REASON FOR CARDIAC FDG-PET STUDY (Check One)

- Viability Sarcoidosis Other (Specify) _____
- Check here if the study is to be combined with a resting N-13 ammonia cardiac perfusion PET/CT*

INSTRUCTIONS FOR PHYSICIAN'S OFFICE AND PATIENT

- Relevant outside studies should be uploaded to LILA and nominated as reference images
- Call for instructions for diabetic patients

INSTRUCTIONS FOR PHYSICIAN'S OFFICE AND PATIENT FOR VIABILITY FDG-PET/CT

Diabetic patients should adhere to their normal dietary and insulin/oral medication schedule

Non-diabetic patients:

- High carbohydrate diet on day before study
- No food or drink (except water) for at least 6 hours prior to the time of study
- Drink only plain water on day of study

INSTRUCTIONS FOR PHYSICIAN'S OFFICE AND PATIENT FOR SARCOIDOSIS FDG-PET/CT

Diabetic patients:

- Patients on oral diabetic medication should fast for at least 16 and withhold their medications on the day of study
- For patients with insulin-dependent diabetes, consult Nuclear Medicine physician

Non-diabetic patients:

- High-fat, low carbohydrate meal the day before study. Protein is permitted.
- No food or drink (except water) for at least 12 hours, preferably 14-16 hours, before study
- Drink only plain water on day of study

Additional History or Instructions:

Physician Signature _____ Date _____

Please FAX this form (and recent office notes, radiology reports, and pathology reports, if not available in BJH/WU electronic records) to 314-362-1032. Then, call 314-362-4738 to schedule.