

**Mallinckrodt Institute of Radiology - Barnes-Jewish Hospital**

**Physician Request Form for Cardiac FDG-PET/CT (± Rest Perfusion PET/CT)**

Patient Name: \_\_\_\_\_ Date of Study: \_\_\_\_\_  
DOB: \_\_\_\_\_ Gender: \_\_\_\_\_ Weight: \_\_\_\_\_ pounds  
Patient Address: \_\_\_\_\_  
City, State, Zip \_\_\_\_\_ Patient's Phone: \_\_\_\_\_  
Physician: \_\_\_\_\_ Physician's Phone/Pager: \_\_\_\_\_  
Type of Insurance: \_\_\_\_\_ Precert # (if applicable): \_\_\_\_\_  
Previous Cardiac PET Study? \_\_\_\_\_ Where? \_\_\_\_\_ Date: \_\_\_\_\_  
Diabetic No Yes Diabetic Medications \_\_\_\_\_

**SPECIFIC REASON FOR CARDIAC FDG-PET STUDY (Check One)**

- Viability  Sarcoidosis  Other (Specify) \_\_\_\_\_  
 *Check here if the study is to be combined with a resting N-13 ammonia cardiac perfusion PET/CT*

**INSTRUCTIONS FOR PHYSICIAN'S OFFICE AND PATIENT**

- Relevant outside studies should be uploaded to LILA and nominated as reference images
- Call for instructions for diabetic patients

**INSTRUCTIONS FOR PHYSICIAN'S OFFICE AND PATIENT FOR VIABILITY FDG-PET/CT**

Diabetic patients should adhere to their normal dietary and insulin/oral medication schedule

Non-diabetic patients:

- High carbohydrate diet on day before study
- No food or drink (except water) for at least 12 hours prior to the time of study
- Drink only plain water on day of study

**INSTRUCTIONS FOR PHYSICIAN'S OFFICE AND PATIENT FOR SARCOIDOSIS FDG-PET/CT**

Diabetic patients:

- Patients on oral diabetic medication should fast for at least 12 and withhold their medications on the day of study
- For patients with insulin-dependent diabetes, consult Nuclear Medicine physician

Non-diabetic patients:

- High-fat, low carbohydrate meal the day before study. Protein is permitted.
- No food or drink (except water) for at least 12 hours, preferably 14-16 hours, before study
- Drink only plain water on day of study

**Additional History or Instructions:**

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

**For scheduling, please call 362-4PET (362-4738) or 888-362-4PET (888-362-4738)  
Please FAX this form (along with recent office notes, cardiology, radiology reports and pathology reports  
if not available in BJH/WU electronic records) to  
362-1032 after patient's examination has been scheduled.**