Physician benefits
• Access to top-ranked, board certified, subspecialty interventional radiologists
• Highest regional case volume and interventional catheter experience
• Comprehensive pre-treatment consultation with pelvic MRI to determine procedure candidacy
• Pre-certification handled by interventional radiology department
• Dedicated nurses facilitate comprehensive patient care
• Communication and coordination of care with referring physician
• Patient care returns to referring physician after treatment
• Most major insurance providers accepted

Patient benefits
• Consultative appointments readily available
• Effective treatment for multiple, large fibroids
• Less invasive and treats all fibroids simultaneously
• Procedure performed under conscious sedation and local anesthesia with no surgical incision
• Overnight hospital stay to ensure post-procedure patient comfort
• Patients return to normal activities/work within 5-10 days
• Greater than 90% symptom resolution within 12 months
• Fewer complications and minimal blood loss compared to hysterectomy
For patient scheduling or to talk with a nurse coordinator, please call (314) 362-2375

Indications for UFE referral and consultation

- Symptomatic fibroids
- Heavy, prolonged menstrual periods
- Abnormal bleeding between menstrual periods
- Pain during sexual intercourse
- Low back or leg pain
- Bulk symptoms:
  - Pelvic pain or pressure (tumor pressing on pelvic organs)
  - Urinary frequency, urgency or incontinence
  - Pressure on the bowel causing constipation or bloating
  - Palpable abdominal mass

Ideal candidates for UFE referral

- Women without extensive adenomyosis, endometriosis or other causes of their symptoms
- Women with less than 24-week gestational size uterus
- Women wishing to avoid (or are not eligible for) surgery
- Women wishing to avoid transfusion for health or religious reasons
- Women having completed child-bearing (desire for fertility does not absolutely preclude UFE treatment)

Requirements for UFE referral

- Normal pap smear within previous twelve months of referral
- Pelvic examination by gynecologist within previous six months
- Patients with abnormal uterine bleeding or over age 50 may need endometrial biopsy to rule out other pathology (endometrial cancer or hyperplasia)
- Patients with a history of pelvic infection should be cultured for gonorrhea

Items needed for consultation and referral

- Patient demographics and insurance information
- Patient records with physician notes
- Pap smear results within previous 12 months
- Note: Mallinckrodt Institute of Radiology will conduct any recommended radiologic exams, but if available, the following information may be provided:
  - Copy of recent pelvic MRI on CD/disk
  - Recent endometrial biopsy report
  - Recent ultrasound report

Patient consultation location

Mallinckrodt Institute of Radiology
510 South Kingshighway Blvd, 6th Floor, St. Louis, MO 63110
Scheduling phone: (314) 362-2375  Fax: (314) 362-2276
Interventional Radiology Department Phone: (314) 362-2900

Procedure locations

Barnes-Jewish Hospital
One Barnes-Jewish Plaza, St. Louis, MO 63110
Admitting: (800) 252-3627

Barnes-Jewish West County Hospital
12364 Olive Blvd, Creve Coeur, MO 63141
Admitting: (314) 996-8415

Selective injections into a uterine artery with a large hypervascular fibroid