BARNES-JEWISH HOSPITAL RADIOLOGY –
POSITRON EMISSION TOMOGRAPHY/COMPUTED TOMOGRAPHY (PET/CT) EXAMS

Patient’s Name ____________________________________________________________

Referring Physician’s Name ________________________________________________

Date/Time of Procedure ____________________________________________________

PET/CT Location
Center for Advanced Medicine (CAM) – 2nd Floor Radiology

Need a little extra help finding us? We will meet you at the door and escort you to your PET/CT appointment.
Call 314-362-5194 or email CONCIERGESERVICES@bjc.org

Welcome to Barnes-Jewish Hospital Radiology. Your physician has scheduled you for a PET/CT exam in Radiology. PET/CT is a diagnostic exam that produces images of the body. PET/CT exams involve a special camera that detects energy emitting from the radioactive substance, called a radiotracer.

SCHEDULING
• PET/CT appointments are scheduled M-F from 7:00am to 3:30pm. These exams are by appointment only and are typically scheduled by your referring physician. To schedule or reschedule an exam, please call Radiology Scheduling at 314-362-7111 or toll free at 877-992-7111, M-F from 7:00am to 5:30pm.
• Please confirm with your referring physician’s office that any precertification required by your insurance has been done before your arrival.

YOUR ARRIVAL
• Please arrive 15 minutes prior to your appointment to allow for registration time.
• Please bring a photo ID (driver’s license or state ID), insurance card(s), and a completed Medication Record with you to your appointment. Forms can be found at www.barnesjewish.org/radiology.

PRIOR TO YOUR EXAM
• The day before your exam, eat a low carb diet.
• For exams before 1:00pm, do not eat or drink anything except water after midnight.
• For exams after 1:00pm, do not eat or drink anything except water after 7:00am. You may have a light breakfast before 7:00am.
• Drink plenty of water before your appointment.
• Do not take diabetes medicines for 6 hours before your exam, all other medicines can be taken the day of the exam with water.
• Do not chew gum 4-6 hours prior to your exam.
• Do not wear anything metallic (jewelry, belts, zippers, underwire bras, etc).
• Refrain from strenuous physical exercise 24 hours prior to your exam.
• A technologist will explain the exam and answer any questions.
• Be prepared to discuss your completed medication record, allergies, past medical history and any previous surgeries.
• You will receive a radiotracer by IV.

LENGTH OF EXAM
PET/CT exams last 1 ½ to 2 ½ hours. For a more exact length of time for your specific exam please call the PET/CT department at 314-362-4738.

AFTER YOUR EXAM
• All radiology exams are read by a physician known as a Radiologist. The Washington University radiologists at Barnes-Jewish Hospital are all specialized experts in their field.
• The radiologist will report most PET/CT results to your referring physician on the same day as your procedure. Your referring physician’s office will discuss the results with you.

QUESTIONS
Visit our website at www.barnesjewish.org/radiology or call the PET/CT Department at 314-362-8275.

Disclaimer: This material provides general information only. It should not be used in place of the advice, instructions, or treatment given by your doctor or other health care professional.